

# **St. Bernard-Elmwood Place Jr./Sr. High School**

## **2023-2024 BREAKFAST MENU**

Start your day off right with a healthy breakfast! Breakfast will be available at St. Bernard-Elmwood Place High School free for every student each day at 7:20 a.m.

Our breakfast at the high school varies each day. Any breakfast must consist of **at least** 3 of the 4 following: 1 fruit **and/or** juice, 2 servings of bread/grain items **or** 1 serving of bread/grain and 1 serving of meat/meat alternate item and milk. Below is the breakfast menu it will not be sent home each month, so please keep this for future reference.

**MONDAY** – Mini Cinnis

**TUESDAY** – Chocolate Chip or Cinnamon Crumb Cake

**WEDNESDAY** – (2) Waffles

**THURSDAY** – Bagel & Cream Cheese

**FRIDAY** – Variety Muffins/Cereal

### **OFFERED DAILY:**

**Whole Grain Pop Tart—Strawberry or Cinnamon or Fudge**

**Variety of Whole Grain Cereal with Toast**

**Variety Breakfast Bars**

**served each day.**

We carry a variety of low fat milk, juices and fruits each day. We also carry ala carte items to purchase.

*“Menu Subject to Change Due to Availability of Food Items”*

*This institution is an equal opportunity provider.*